

Mental and Emotional Well-Being

Horses need company!!

**For herd interaction, playing, grooming,
For keeping an eye on things while one of them sleeps
For general peace of mind.**

‘But then the other one frets and rips up the paddock when his mate is out’....our recent experience shows this to be largely diet related, see section on pastures and feed Alleviate and Tox-Defy.

Small ponies are not good companions due to completely different diet requirements.

An older, retired horse is the ideal paddock-mate.

Donkeys can be great companions (after they get over the visual shock!) as they don’t tend to get upset when left alone. However, they need proper shelter as their coats aren’t waterproof, and their feet and teeth need doing too.

Three together is ideal so if you take one away, there are always two left.

Confinement

Horses need to be educated to accept all kinds of confinement.