

Testimonials

Quiet Horse Deteriorates

I bought this beautiful, quiet horse and after 2 months on my property he became jumpy and nervous, difficult to girth, and he was becoming dangerous to ride. He was throwing his head violently in the air, spinning circles, rearing and trying to race back to his paddock mates. After 2 days on Alleviate, he was calm enough to ride. After 5 days we were back into drill work, with close contact with other horses. After a week he is totally back to the horse I bought....I'm hoping now to see this dramatic change in my pony...lol

Lorelei Olafson

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Extremely Sensitive????

Hi Jenny,

Wow! I just wanted to let you know my experience with putting both my horses onto Alleviate. Unbelievable!

The change was quite noticeable after two days of feeding. The horse who I thought was definitely needing it showed okay response - she is a lot calmer, a lot less fizzle - she would never really lead out on her on whilst in a herd she would wait for the other horse to go then she would follow. She seems a lot more confident and also not so fretful when the other horse leaves. She can venture off by herself in the paddock. The hind-end seems to have improved a bit I think I may like to try the toxin product to see if there is a better improvement.

But the most noticeable effect was in the horse that I didn't think needed it! Cindy had always been extremely sensitive which I thought was her nature. Well the Alleviate just blew me away with her - she is not as sensitive to touch and little things aren't blown so out of proportion as they used to be. I have found her to be lot friendly and more willing to be touched. She doesn't tend to get as emotional as she used to. I will definitely keep using this when needed for her!!!!

We went for a ride on these two horses after four weeks of not being able to ride due to weather, horses' soreness and my work etc. Expecting it to be quite a testing ride after such a length- spookiness and feeling like you have taken 10 steps backwards and wishing you could really ride every day so that you didn't feel like you were going backwards so much. Well bugger me daisy if it wasn't one of the calmest rides we have had - I was so happy and the horses seemed happy and relaxed too! I found a lot more softness and willingness than before.

What a great product you have!!!!

Many thanks and I look forward to hearing from you soon.

Kind regards Tina

Hi Jenny,

Sure thing. Cindy was like the following before:

On the ground:

Quite aloof from you but in the same time in your pocket - not confident out on her own

When you walked up to her in the paddock she would shy at you
Working with her on the ground parelli style: ie with Carrot stick - the friendly game was a major you would always have to do A LOT of friendly game first and also continue it a lot through out the exercises
She would not try at all - she would try every evasion in the book before actually putting in any effort
She was quite lazy on the ground ie: starting the circle game she plodded and when asked to pick up to a trot she would for a bit then would stop to a walk again
On the circle game she would not be confident to go out on the circle - she would circle very closely to you and if you asked her to go out on the circle she would get very grumpy and then come straight back in again
Asking her to cross over a tarp was quite a major - even though we had done a lot of it previously - it would be like she had forgotten what it was and that she had done it before
She would have major resistance in everything - her feet got stuck alot of the time and she couldn't manage to move them and if she did manage it was quite a lot of effort
Sideways was always hard for her as was moving the forehand - like she couldn't move the right muscles or parts of her body to make it easier or too stiff to do so
During the circling game she would be always looking for an escape ie: head tipped out and ears in that direction, same with closer work she would always have her head tilted away from you like she was planning on going ...but never did, but the intention was still there

After:

SOOOO SOFT - it was unbelievable! Really listening to you and very tuned on to you - this i can not say enough
Friendly game a breeze - like she had done it many times before (which she had) and it was old news
Circling game - unbelievable - out on the circle on the 22 foot as well no hanging in close to you at all and ears on you and head straight (not quite at that stage of asking for the softness in and rounded)
A lot more impulsion and effort being put in
Like she could think clearly and therefore could focus on what she was doing
Walked onto the tarp first time asked and was able do so calmly and even stood on it for as long as you asked for
Jumped some blue barrels with ease and didn't spook at them like normal
Offered a canter on the 22foot on the circling game (that never happened) Just a small ask to get to the trot and very subtle cues to slow down
A lot braver and calmer - investigates by herself in the paddock - will be the first through gates
Always would spook and get nervous in certain areas - now is calm as anything
Sideways was beautiful - she always had problems with this and also moving the forehand over either way - VERY soft and like she was able to move her body better and more smoothly. No stuck or frozen feet at any time - which was quite amazing
She was always a lot stiffer to one side - this seems a lot better now
We even went on to learn some news things such as side passing over a small log. This would have been a major before - this time it took a litte bit of time, but she was trying all the time and really thinking - no evasions or stiffness and big boogy monsters
Very responsive - you normally would have to get to phase three maybe four but i rarely got to phase 2!
I also noticed that when she did the right thing and you stopped to let her think and lick and chew etc...it would take a very long time for her to do so - now she is VERY quick to respond - like she understands exactly what you are asking and seems to be lot more co-operative and willing to listen and tune onto you

The biggest thing i notice was the lack of evasion of anything and the softness, i was really so proud of her. I was getting to the stage where i thought she was not really for moving onto level 2 etc due to the heaviness and hardness in moving her self around - but i am very mistaken.

I can only put it down to the alleviate. Her feeding has remained the same, the training the same, the same alternative treatments etc nothing has changed except the addition of alleviate. I can't highly recommend it enough. I have also used it on my other horse - who would jump when you went to touch her and now she accepts all touch with ease. She too has also calmed down a lot. I always put it down to her sensitive nature and bad past - but alleviate has definitely helped her a lot as well. They both seem a lot friendlier - greeting you at the gate, being noseey when you walk into the paddock also.

If you ever want to refer me to someone who is thinking of trying it -Ii would be happy to do so.

Thank you Tina

Helped at Competitions

Hi
Thank you,
I found that he recovered better after competitions and has generally been a happier horse and more willing to do harder dressage movements, it is often quite hard to tell what is working, because Murphy is on a variety of supplements. But I did notice when I ran out of alleviate, how quickly he has become spooky again.

Thanks Ali

Bucking Bronco!

Hi Jenny.

My pony bucked like hell, almost to dangerous levels. He was diagnosed with a problem in his sacro-iliac joint.

I put him on Alleviate and after 4days I started to notice a difference in him, and slowly the bucking creased and we were at last able to canter round the school doing figure of eight's and circle work without the bucking. So now we are never without Alleviate all year round.

Kind Regards. Val

Poor Mitzy!

I'd love to come! I've just had the horses teeth done and Mitzy's teeth are so bad will have to get the vet to help, (sedate her) so that he can fix them up properly. The dentist showed me what was wrong & he reckoned just having a halter on would be hurting her, so no wonder she played up at Isola! He also reckoned that she'll be a different horse when he's sorted her teeth out, but that she must have a decent enough temperament already or I wouldn't be able to even catch her. The Alleviate has definitely made a difference, I don't think the dentist would've been able to even look at her teeth without it! Both horses are now nice & shiny & calm & a pleasure to be around. I can't wait to have a lesson with a horse that doesn't scare the hell out of me!

Jacqui

A Beautiful Horse Comes Right

My friend Beth owned this horse for several years when we lived in Nelson. Over this time she lost her lovely movement, objected to cantering and walking down hills. Vets, chiropractors and saddle-fitters attended, she was diagnosed with stifle problems and sacro-iliac problems, eventually retired from riding and sold in foal to Marnee. Marnee has weaned the foal and started riding her again. At first she was no different, stepping short with her cantering, bucky-bucks included and you would describe her as generally 'uncooperative'. Marnee put her on Alleviate for this reason, but we were all gobsmacked when she 'loosened up' all over, now canters either lead willingly, no bucky-bucks and steps under with her inside hind leg. Amazing transformation over about 8 weeks.



Helen's Horse (Wendell)

was literally on death row when she luckily (somehow) got him along to a lesson at Hawera on Friday 2nd Dec. He was in a terrible state, dangerously so. The extra pressure of going somewhere different of course made him worse. It was impossible to do anything with this lovely little Arab and Helen was distressed to see him like that, she was at her wits end. He was charging around on the rope in a dreadful sweat, running people over and it was just not possible to settle him down at all. The attempt at leaving him in a yard, with another horse for company failed when he immediately jumped clean out.

After persevering for a short time I decided that what we were having to put that horse thru just to get him to 'back off' was not worth it as we were clearly not getting thru. They are not learning anything at all when they're in that frame of mind and are liable to hurt someone. Why not remove the cause and have a lesson when he's calm and therefore able to think and learn?

In this case he was already being fed the Alleviate magnesium so we knew it had to be the other culprit: mycotoxins. Helen gratefully took him home with instructions to yard him, with hay only, until his body managed to clean out somewhat. That took 5 days. He was still beside himself on day 5, but calm by day 6. The cause was the rye-grass seedheads, It turns out Helen had put him out on the long rye-grass for a week to help him put on some weight.

Sequel: E-mail received 15th Dec

Hi Jenny,

Thank god I took Wendell to your "lesson" the other week. I had him behaving like a caged lion in the yards for at least five days before he relaxed enough to stop pacing the walls.

He was having the magnesium plus Digestrite, which was all I had until Ash posted down the Tox-Defy (toxin binder).

I took him out for the first ride since the debacle of the "lesson", on Monday of this week. We rode for 3 hours up hill and down dale, and he behaved impeccably. I also had him stopping and starting, bending to a stop, every so often. This is something he would not do before, just reared and behaved like a sewing machine on the spot. Neither did he sweat at all, which was also unusual.

Today Chris Dobson, Marian Rivers and myself rode on Oakura beach, doing the leap frog routine to help Wendell along with his Herd Bound habit. He responded well and relaxed after a short period of time. Chris and Marian rode all around and ahead of him and he stayed sane. He was absolutely great, the girls were really impressed, especially Chris who knows first hand what he has been like. Dog tucker material in my mind. So thanks again Jenny for a great diagnosis. I have a nice horse again.

Regards Helen

Everybody (in Taranaki!) Knows RainDancer...

the athletic paint with attitude!! Let me share with you what the “Alleviate” magnesium has done for him.

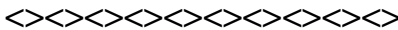
He was always majorly herdbound; unable to be kept secure when left behind in the paddock. Screaming out and ripping up the paddocks. He has jumped every gate and fence on the place including an amazing bounce over an electric tape to 1.2m gate in the corner to come flying down the road after us.

Aggressive behaviour when approached, ears pinned and quick to double barrel. A nerve wracking ride. No fun. He was hard to love!

Soaking his hay and feeding Equigard made improvements but it was very soon after being fed the ‘Alleviate’ magnesium that he lost his aggression, now greets me with ears pricked and is able to be lead quietly without ripping the lead rope out of my hands or head bunting me!

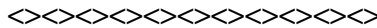
He now enjoys being patted, can share a paddock with my other horse, Levi, and, most amazingly, quietly copes with being left alone!!

Much, much easier to love!! Thanks Jenny..... Marlene, Stratford



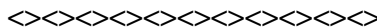
More feedback e-mails:

Thanks for reply re Alleviate. Noticed remarkable difference in temperament at 3 pm after feeding Alleviate at 7 am. Since have ridden on the beach, in the sea, in the paddock with other horses (children) trotting and cantering around, my horse who is normally reactive to them, being calm and sensible. First given 8/11 only 10days ago. Grateful thanks
Jen Olley, Waikanae



Just a recent observation of my horses since I have been using the new Magnesium. For about the last 6 weeks I have been using 1tspn of Equigard powder and 1 tspn of magnesium powder, plus handful of chaff mixed with a little water to make sure they don’t waste any. Prior to this my mare had been hard to catch. Through her life she has on and off been that way. This recent time she would let me get within 1mtr from her then take off. Unknown to me why. But she has always been super sensitive and has never liked me to touch her, makes it hard to ride her! I have continuously on and off checked all the usual things (teeth, saddle, etc }
I also reduced their grass length. {I don’t like to lock them up} Walla! she walks up to me, happy for me to touch her {most of the time}, good to ride , {though we are still working on the herd bound thing} she is generally better all round and I have to put it down to the magnesium, because everything else I was doing before. I must just add I also give at another time of the day other minerals seaweed salt etc. I have just had the Probitas soil test done and we are very low in Copper, Zinc, and Calcium (the magnesium did not show up? All this is still a bit of a jigsaw puzzle but with many people researching hopefully we get the bottom of attaining what we should all have, (a normal horse) instead of what I sometimes have here.

Cathie Clarkson, Hawke’s Bay



A Remarkable thing happened for Lynley when she took it herself!....

Hi Jenny,

As usual, I trialed Alleviate on myself prior to imposing it upon my horses. I tentatively tasted 2 fingertip licks and carried on my daily journey, deep in thought about my pupils' performance that day at the Canty Dressage Champs, and wondering why my picture framer was locked up (with my paintings locked in!!). Sometime later my train of thought was interrupted by a strange surging in my fingers, 9 of which have been broken over the years. As the day progressed they became noticeably more supple. Curiosity raised, I took a teaspoon tip for 10 days. Normally, full clenching/stretching, is impossible, particularly first thing a.m., and after heavy chores - more like rusty hinges than fingers, in fact. After a few days my fingers had full range of movement, even after huge workloads, and have retained that strange, lifelike feeling within them.

But the most remarkable thing is that I can process information at a hugely faster rate (do brains have muscles too?). I have a clarity of thought, never experienced before and an ability to quit any emotional "stewing". My distance and night eyesight has sharpened up noticeably too.

And this is an odd one - no more shocks from the car door. I have developed a technique for shutting the door, without grasping the handle, because the shocks are beyond my comfort zone. Now I can jump out, grab the handle and shut the door without any reaction. This poses the questions about the effect of magnesium on magnetic fields, and conversely, the effect of magnesium deficiency on the same. Would someone like to take that one up?!

Lynley, Sefton

Hi Jenny,

Firstly I wanted to say how great I think your product Alleviate is. My horse went from being super spooky and over reacting to everything (spinning, bucking etc) to calm and quiet and so relaxed after just two days of feeding Alleviate. I had been giving her magnesium but it obviously wasn't the right type.

Anyway, in the past I had been having awful trouble with taking my mare out to competitions particularly in the warm up area with other horses. She would spook, spin and then buck and was generally unco-operative and my biggest problem was she simply wasn't listening to me. Even though I would have these problems at home they were exaggerated when I was at a competition. I haven't taken her to a competition since I started her on the Alleviate (she's been on it for a month) and I'm about to take her out to a one in two weeks. So what I'm wondering is should I up the dose of Alleviate for the competition environment or just see how I go on the standard dose.

Hope this makes sense.

Cheers
Jenny

Hi Jenny,

I thought I'd drop you a line and tell you what a great response I've had from Alleviate. I have a 5 year old gelding named Jerry that I bought in July. I had been giving him Alleviate very spasmodically with mixed results and it was difficult to tell whether it had made much of an impact on him. However, since giving it to him on a regular basis (since your course in Hastings) I noticed (for the first time) him sitting down and he's not so anxious when I go to catch him. Yesterday I took him out for a ride and Mike (my husband) noticed that he was striding out a lot more. When I bought him I knew that he was thick-winded and as a result, when we'd go out riding he would "whistle", even at an easy walk. Well, guess what? He has improved tenfold. I can hardly hear it. It must be a lot easier for him now. I just thought you might find this interesting.

Cheers,
Jenny vdB
Hi Jenny

I just wanted to drop you a line and let you know how my horse Lucy was doing after your advice to double her Alleviate for pasture heaves - in a word FANTASTIC. You may remember her from the Introductory Clinic I came to at Cherry Blossom Lane 6 weeks or so ago.

Her snuffles are only barely audible now and she is a much brighter and happier horse, there are a multitude of other things that have changed as well. She no longer shies or spooks in our arena, or squeals and tries to get out of work, she can be brushed ANYWHERE, her muscles don't shudder when you touch her. Her coat is gleaming with good health and I put that down to the new feeding regime of ezibeet, timothy cubes, alleviate, toxdefy, selamin gold and MSM with lots of hay soaked.

Jools has been today and her feet are looking AMAZING and Jools is wrapped with progress considering 31/2 months ago I was a desperate woman with a very very unsound horse.

Thank you for sharing your wonderful knowledge, I have in turned passed on this info to dozens of others and am glad to report that many have taken it on board.

Kind Regards
Chrissy Johnston and a very Grateful Lucy

Hi Jenny

Not sure if you remember me and my horse Burtill ... we were on your course last month ... Burtill was the 20 year old gelding going on 5. Well I'm pleased to say that after giving Burt Alleviate for the past 4 weeks he has improved considerably. He is much calmer ... for example, I was hacking on Sunday when a Pukeko went ballistic in the rushes ... the usual reaction from Burtill with this sort of thing was to high tail it the other way but on Sunday he stopped had a look then carried on ... I was amazed.

He's also much happier in his dressage. I ride around with your voice in my head "hands forward, don't pull back!!" ... it's amazing the difference ... even Burtill looks like he's enjoying himself. He's quite happy to canter around and then walk afterwards ... before the Alleviate this was pretty much impossible ... he'd just want to trot/canter again. He'll also bend to a stop within one circle instead of 50.

I went out and purchased a rope halter and lead after the clinic and have been practising the ground work ... Burtill hasn't forgotten a thing! We can now back with a little more precision and he's not so worried about me standing on his right.

I've been working on his parking ... Burtill will now walk up and stand in the right place when I stand on a bank, mounting block or fence ... he's still not that happy about the trough though. Getting him to stand still once I was on has been a slow work in progress ... there was a lot of pawing the ground, head shaking, stepping sideways, backwards and a little bucking, but I'm happy to report that the last 4 times I've got on he has stood still for about 5 minutes before I've asked him to move off.

Anyway ... I can't wait for the next clinic so I'm hoping to see you again at Helensville in November.

Thanks

Lisa McIntosh